



## High Holiday Collection Drive

### Pack The Ark Pantry this High Holiday Season

#### KOSHER CANNED GOODS

- Garbanzo, Kidney, and Black Beans
- Bush's Vegetarian Baked Beans
- Peaches, Pears, and Pineapple (regular and sugar-free)

#### KOSHER CONDIMENTS

- Honey
- Crunchy Peanut Butter
- Creamy Peanut Butter
- Ketchup
- Mustard

#### KOSHER GRAINS

- Crackers
- Couscous
- Quinoa
- Pasta
- Whole Wheat Pasta
- Gluten-Free Pasta
- Wacky Mac Mac & Cheese
- Brown Rice
- White Rice

#### HOUSEHOLD PRODUCTS

- Disinfecting Wipes
- Facial Tissue
- Paper Towels
- Sunscreen

#### PERSONAL CARE PRODUCTS

- Deodorant/Antiperspirant
- Baby Wipes
- Children's Pull-Ups (size 4T/5T)
- Shampoo and Conditioner (full sized)
- Feminine Pads
- Toothbrush (individually packaged)
- Toothpaste (full sized)

**PLEASE NO GLASS JARS OR CONTAINERS**

The Ark's food pantries distribute kosher food, household essentials, and personal care items. All food donations must be certified kosher, as recommended by the cRc, and have six months before expiration. Common symbols include:



[arkchicago.org](http://arkchicago.org) | 773-973-1000



Temple Jeremiah,  
scan for three ways to give.