



Food Pantry Shopping List

CANNED GOODS

Green Beans
Gefilte Fish
Tuna
Green Giant Peas and Corn
Goya Vegetarian Beans
Heinz/Bush's Vegetarian Baked Beans
Manischewitz Soup
Dole/Del Monte Peaches, Pineapple and Pears

CONDIMENTS AND SIDES

Applesauce
Canola Oil, Vegetable Oil and Olive Oil
Crackers
Honey
Hunts or Barilla Tomato Sauce (meat-free)
JIF/Skippy/Peter Pan Peanut Butter
Smucker's Jam

GRAINS

Couscous
Pasta
Quinoa
Unprocessed Brown Rice
White Rice

HOUSEHOLD PRODUCTS

Bath Tissue
Facial Tissue
Paper Towels
Dishwashing Liquid
Laundry Detergent

PERSONAL CARE PRODUCTS

Antiperspirant
Bar Soap
Adult Incontinence Pads
Adult Pull-Up Disposable Underwear
Alcohol-Free Mouthwash
Baby Wipes
Children's Diapers
Feminine Products
Full-Size Shampoo and Conditioner
Toothbrushes and Full-Size Toothpaste

The Ark's food pantry distributes certified kosher food, household essentials and personal care items. All food donations must be certified kosher and have six months before expiration.

