



## Food Pantry Shopping List

### CANNED GOODS

Green Beans  
Gefilte Fish  
Tuna  
Green Giant Peas and Corn  
Goya Vegetarian Beans  
Heinz/Bush's Vegetarian Baked Beans  
Manischewitz Soup  
Dole/Del Monte Peaches, Pineapple and Pears

### CONDIMENTS AND SIDES

Applesauce  
Canola Oil, Vegetable Oil and Olive Oil  
Crackers  
Honey  
Hunts or Barilla Tomato Sauce (meat-free)  
JIF/Skippy/Peter Pan Peanut Butter  
Smucker's Jam

### GRAINS

Couscous  
Pasta  
Quinoa  
Unprocessed Brown Rice  
White Rice

### HOUSEHOLD PRODUCTS

Bath Tissue  
Facial Tissue  
Paper Towels  
Dishwashing Liquid  
Laundry Detergent

### PERSONAL CARE PRODUCTS

Antiperspirant  
Bar Soap  
Adult Incontinence Pads  
Adult Pull-Up Disposable Underwear  
Alcohol-Free Mouthwash  
Baby Wipes  
Children's Diapers  
Feminine Products  
Full-Size Shampoo and Conditioner  
Toothbrushes and Full-Size Toothpaste

The Ark's food pantry distributes certified kosher food, household essentials and personal care items. All food donations must be certified kosher and have six months before expiration.

