



Food Pantry Shopping List

- Honey
- Goya Vegetarian Canned Beans
- Heinz/Bush's Vegetarian Baked Beans
- General Mills cereals and Kellogg's cereals
- Hunts or Barilla Tomato Sauce (meat-free)
- Flavored and Unflavored Oatmeal
- Canola Oil, Vegetable Oil and Olive Oil
- Manischewitz Canned Soup
- Green Giant Canned Peas, Canned Corn, Canned Green Beans
- Applesauce
- Dole/Del Monte Canned Peaches, Canned Pineapple, Canned Pears
- Canned Tuna
- Canned or Jarred Gefilte Fish
- JIF/Skippy/Peter Pan Peanut Butter
- Smuckers Jam
- Pasta
- Crackers
- Quinoa
- Couscous
- White Rice
- Unprocessed Brown Rice
- Bath Tissue
- Facial Tissue
- Paper Towels
- Laundry Detergent
- Dishwashing Liquid
- Bar Soap
- Antiperspirant
- Toothbrushes and Full-Size Toothpaste
- Full-Size Shampoo and Conditioner
- Baby Wipes
- Children's Diapers
- Adult Pull Up Disposable Underwear
- Adult Incontinence Pads
- Feminine Products

The Ark's food pantry distributes certified kosher food and toiletries. All food donations must be certified kosher and have six months before expiration.

